



STANFORD MIDDLE SCHOOL
5871 Los Arcos Street ~ Long Beach, CA 90815
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Parent Education Workshop

Attention all Stanford Parents and Friends: Please Join
us at our Fourth Parent Workshop this 18-19 school
year

**"Healthy Friendships/Healthy Boundaries.
Empowering our Children."**

Come join Shaila Saint, M. Ed., as we discuss simple
and effective mindfulness tools to guide and support
our children in developing positive relationships and
setting healthy limits.



When: Wednesday, December 5th
Time: 6 to 7:30 pm (after PTA meeting)

Location: Stanford Middle School Library